

PE Long Term Plan 2026-2027

|         | Autumn 1                       | Autumn 2              | Spring 1               | Spring 2                              | Summer 1                              | Summer 2                                 |
|---------|--------------------------------|-----------------------|------------------------|---------------------------------------|---------------------------------------|------------------------------------------|
| Owl     | Introduction to PE: 2          | Fundamentals: 1       | Gymnastics: 1          | Dance: 1                              | Ball Skills : 1                       | Games: 1                                 |
| Osprey  | Fundamentals: 1<br>Ball Skills | Dance                 | Fitness<br>Gymnastics  | Sending and Receiving<br>Target Games | Net and wall games<br>Invasion Games  | Striking and Fielding Games<br>Athletics |
| Falcon  | Fundamentals: 1<br>Dance       | Sending and Receiving | Fitness<br>Gymnastics  | Target Games<br>Invasion Games        | Striking and Fielding<br>Net and Wall | Ball Skills<br>Athletics                 |
| Kestrel | Fundamentals: 1<br>Tennis      | Gymnastics            | Basketball<br>Dance    | Ball skills<br>Rugby                  | Hockey<br>Athletics                   | OAA<br>Cricket                           |
| Merlin  | Fundamentals: 1<br>Netball     | Badminton             | Gymnastics<br>Swimming | Dance<br>Swimming                     | Ball skills<br>Rounders               | OAA<br>Athletics                         |
| Hawk    | Fitness<br>Tennis              | Gymnastics            | Basketball<br>Dance    | Hockey<br>Rugby                       | Parkour<br>Athletics                  | Leadership (PALS)<br>Cricket             |
| Eagle   | Fitness<br>Netball             | Parkour               | Handball<br>Badminton  | Roundnet<br>Gymnastics                | Dance<br>Athletics                    | Leadership (PALS)<br>Rounders            |