

	Autumn 1 Personal	Autumn 2 Social	Spring 1 Cognitive	Spring 2 Creative	Summer 1 Physical	Summer 2 Health and Fitness
Owl	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Dynamic balance: on a line Static balance: stance	Coordination: ball skills Counter balance: partner	Sending and receiving Agility: reaction/response	Agility: ball chasing Static balance: floor work
			Gymnastics	Dance		Athletics
Osprey	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Dynamic balance: on a line Static balance: stance	Coordination: ball skills Counter balance: partner	Sending and receiving Agility: reaction/response	Agility: ball chasing Static balance: floor work
	Gymnastics	Dance	Gymnastics	Team Games	Team Games	Athletics
Falcon	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Dynamic balance: on a line Static balance: stance	Coordination: ball skills Counter balance: partner	Sending and receiving Agility: reaction/response	Agility: ball chasing Static balance: floor work
	Gymnastics	Dance	Gymnastics	Team Games	Teams Games	Athletics
Kestrel	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Dynamic balance: on a line Coordination: ball skills	Sending and receiving Counter balance: partner	Agility: reaction/response Static balance: floor work	Agility: ball chasing Static balance: stance
	Tennis	Gymnastics	Dance	Rugby	Athletics	Cricket
Merlin	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Dynamic balance: on a line Coordination: ball skills	Sending and receiving Counter balance: partner	Agility: reaction/response Static balance: floor work	Agility: ball chasing Static balance: stance
	Netball	Badminton	Gymnastics	Dance	Rounders	Athletics
Raven	Coordination: footwork Static balance: one leg	Agility: jumping/landing Static balance: seated	Gymnastics (to include cognitive objectives)	Sending and receiving Counter balance: partner	Rounders (to include physical objectives)	Agility: ball chasing Static balance: stance
	Netball	Badminton	Swimming	Swimming/Dance	Swimming	Swimming/Athletics
Hawk	Coordination: ball skills Agility: reaction/response	Dynamic balance: on a line Counter balance: partner	Dance (to include cognitive objectives)	Static balance: seated Static balance: floor work	Athletics (to include physical objectives)	Sending and receiving Agility: ball chasing
	Tennis	Gymnastics	Swimming	Swimming	Swimming	Swimming/Cricket

Eagle/Sea Eagle	Coordination: ball skills Agility: reaction/response	Dynamic balance: on a line Counter balance: partner	Static balance: stance Coordination: footwork	Static balance: seated Static balance: floor work	Agility: jumping/landing Static balance: one leg	Sending and receiving Agility: ball chasing
	Netball	Rugby/Dance	Badminton	Gymnastics	Athletics	Rounders